



## Newsletter



**October/Ottobre 2008**

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\*\*\*\*\*

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\*\*\*\*\*

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**MESSAGE FROM THE PRESIDENT:**

Dear TIAHA Brothers,

Thank you to all the Brothers that contributed the many hours of effort and hard work to all the events and good will we have accomplished over the last few months. It has been, to say the least, hectic and very labor intensive but, as we always seem to do, we worked as a team, as a family, as a very conscientious community serving organization, and pulled it all off. My heart felt thanks and congratulations go out to all of you.

There will be details to follow but please keep in mind that the holidays are approaching and we will be busy once again.

The USO cook and feed will be Thanksgiving week. Our TIAHA Christmas Dinner Party will be December 7<sup>th</sup> at a restaurant to be determined. Our December 17<sup>th</sup> general meeting will once again invite our wives, girlfriends, etc. to join us for dinner. And of supreme importance will be our annual efforts on the behalf of, and visit to, the Oxford House. We really want to have a good showing up there this year. Please stay tuned for details to come shortly.

Fraternally,

Frank

## TIAHA EXECUTIVE BOARD MEETING MINUTES

October 7th, 2008 at Knights of Columbus, New Hope Road and Columbus Road, Raleigh, NC

**Attendees: Frank Ferraro, John Bono, Bob Caprioli, Dale Mancuso, Dave Baron, Jim Frederici.**

**Meeting Called To Order: 6:45pm**

- **Family Picnic:**
  1. This was a good time. There was a lot of good food. There was a good turnout of members and their families.
  2. There were pasta dishes, meat dishes, hamburgers and hotdogs supplied by TIAHA. There were many good dishes brought by attendees.
- **Scholarship:**
  1. Shaina Salvaggio won the \$1000 TIAHA scholarship. Congratulations to Shaina from the entire TIAHA board !!!
- **U.S. Foods:**
  1. TIAHA has a \$349 credit with U.S. Foods.
  2. It's possible this credit could be used to buy food for the meal on December 17<sup>th</sup> where members' spouses are invited.
- **December 17<sup>th</sup> (Wednesday) Meeting:**
  1. People will be asked to bring dishes to pass, as at the family picnic.
  2. TIAHA could use the \$349 credit (see above) to buy the main course food(s), with attendees bringing appetizers, salads, side dishes and desserts.
  3. President Frank will be the food chairman for this meeting.
  4. Cooks for the main course food(s) will be solicited at the next general membership meeting.
  5. Gift grab bag. Everyone who attends will be asked to bring a wrapped gift of approximately \$10 in value. All gifts will be put into a grab bag. If you bring a gift, you can pick a gift.
- **Christmas Dinner:**
  1. Board members have been tasked with locating a restaurant for the annual Christmas dinner, which is scheduled to be on Sunday, December 7<sup>th</sup> (Pearl Harbor Day).
  2. Several board members will gather information on menu and cost from one restaurant each. Several good restaurant locations were discussed.
- **USO Feed The Troops Before Thanksgiving:**
  1. Dale Mancuso informed the board the busiest day for troop movements through RDU airport is the day before Thanksgiving, Wednesday, November 26<sup>th</sup>. About 250-270 troops pass through the USO location there that day. About 150 – 170 troops pass through the previous day on Tuesday, November 25<sup>th</sup>.
  2. The day chosen for the event will be determined by how many volunteers are available the day before Thanksgiving, and the availability of the kitchen at The Healing Place for Women. It may be Tuesday would be a better day for this event, even though fewer troops will likely pass through the USO on Tuesday vs. Wednesday.
  3. Dale felt he'd need 8 volunteers. Dale will ask for volunteers at the next general membership meeting.
  4. Dale found out that a woman who works at The Healing Place for Women has some contacts with local TV and news people. So hopefully some PR will come of this.
- **Composer From Naples:**
  1. This item should have been discussed at the September board meeting, but was overlooked. Everyone was full steam ahead preparing for both the International Festival and the St. Raph's Fair at the September board meeting, so this item slipped through the cracks at that board meeting.
  2. Many thanks to Bob Giannuzzi for bringing this oversight to the board's attention.
  3. As reported in the 8-20-2008 general membership meeting minutes: Roy Cordato brought up a new event. Chapel Hill Community Chorus is trying to raise funds to bring composer Giuseppe Di Bianco to N.C. Roy asked whether TIAHA would also be interested in helping financially to sponsor the composer's trip to N.C. The date of the performances would be December 19<sup>th</sup> and 20<sup>th</sup>, with all Italian music by the composer performed. President Frank said this would be a matter to be discussed at the next board meeting.
  4. President Frank will call Roy Cordato to get more information.

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- **Dave Baron's Grandson:**
  1. Here's some really great news!! Dave Baron's grandson, Robert Gill, will be returning home next week from his 2<sup>nd</sup> tour in Iraq. He's in the Marines.
  2. Robert Gill will also be promoted to Captain!! Congratulations to Captain Robert Gill!!
  3. We all wish him a safe return home.
- **Dues Are Due:**
  1. John "Pro" Bono reminded the board that everyone's dues are due in October.
  2. Dues for the upcoming year are the same as for the past year. If you're not sure how much your dues are, please contact the membership chairman, Victor Cononi.
- **Nominating Committee To Be Formed:**
  1. John Bono also brought up the subject of a nominating committee needing to be formed for the upcoming board elections after the first of the year.
  2. It's not too soon to form a nominating committee. Thank you, John!!!
- **Secretary Needed at October General Meeting:**
  1. Jim Frederici will be on vacation next week. Someone will be needed to fill in as secretary for the October general membership meeting on Wednesday, October 15<sup>th</sup>.

**Meeting Adjourned: 7:30pm**

## TIAHA GENERAL MEMBERSHIP MEETING MINUTES

September 17th, 2008 at Knights of Columbus, New Hope Road and Columbus Road, Raleigh, NC

**Board Members Present: Frank Ferraro, Dale Mancuso, Victor Cononi, Bob Caprioli, Sal Notarmaso, Bob Vetrano, Jim Frederici, David Baron, John Bono.**

**Meeting Called To Order: 6:43pm with the Pledge of Allegiance.**

- **GUESTS INTRODUCED AND WELCOMED. NEW MEMBERS SWORN IN:**

1. **George Brocco.** He used to be a TIAHA member years ago. He went to Japan for a while. He's now come back to the U.S. He's returned to TIAHA. Welcome back, George!!
2. **John Ginfranco.** He's a true Italian from Calabria. Benvenuto, John!!
3. **Lenny Cicero.** He's from Niagara Falls. He was a guest of Al Cellini at the July meeting. He's come to another TIAHA meeting. Welcome back, Lenny.
4. **Joe Orseno.** He was a guest of Sal Notarmaso. Welcome, Joe !!

- **GOOD & WELFARE:**

1. Brother **John Colombo** had spinal surgery this morning. It was reported to be outpatient surgery and he's home. We all wish John a speedy recovery.
2. **Carmine DiGrande** is back from Sicily, where his sister was honored. Carmine brought in photos from his trip. Carmine will give complete details to Neal Caliendo for inclusion in the next news letter.
3. **Tony Aiello** is going to Italy for the next 3 weeks. Buon viaggio, Antonio !!
4. **Peter Cary** is home recovering from a colonoscopy. It's reported that he's woozie and tired from the drugs. President Frank will visit Peter to share the drugs.
5. **Mark Aliano** is home recovering from knee surgery. On which knee, I don't know. Mark is out for the season. He'll be sent down to the TIAHA minor league for rehab.

- **OLD BUSINESS:**

1. **USO Feed The Troops:** The USO feed the troops event was held Wednesday, August 27<sup>th</sup> at the RDU airport. Dale Mancuso and Victor Cononi did a great job of organizing and coordinating the event. Both are to be commended and congratulated. Great job, Dale and Victor !! Dale reported the troops who came through the USO facility were very grateful and appreciative. No estimate on the number of troops was given. Special thanks go to Rob Neumeyer and Lisa Russo at The Healing Place for Women. This is the list of participants supplied by Dale and Victor. Each one of these guys deserves a big "Thank You" from their fellow TIAHA members. Great job guys !! (Listed in alphabetical order. If anyone's name has been mistakenly omitted, then I apologize. Please let me know if you worked, but your name is not on this list): Tony Aiello, Andy Camano, Victor Cononi, Bob Giannuzzi, Dale Mancuso, Joe Miracola, Sal Notarmaso, Joe Pugliese and Bob Vetrano. See photos in the September newsletter.
2. **International Festival:** This was a huge success!!! President Frank personally gave a big "Thank You" to all the TIAHA members who worked, from the prep and setup teams to the tear down team, and everyone who worked during the event. Without the prep and setup teams the festival would not be a success. All the up front work is vital. Bob Vetrano reported that 340 pizzas were made. That's incredible for a 2-day event!! The cultural booth was also a big success. "Thank You" to everyone who setup and ran the cultural booth. Financially, this was one of the most successful International Festivals for TIAHA. A lot of money was made for charitable giving. Again, "Thank You" to everyone who gave their time to make this such a big success.
3. **St. Raphael's Fair:** This was also a big success!! A lot of food was sold. President Frank also personally gave a "Thank You" to everyone who did the prep and setup, worked the event and cleaned up afterwards. It required a lot of work by a lot of people to pull off two very successful fund raising events on back-to-back weekends.
4. **TIAHA Family Picnic:** To be held on Sunday, Sept. 21<sup>st</sup> at the Odd Fellows Lodge. TIAHA will supply some of the food. Attendees will bring dishes to pass based on the first letter of their last names. TIAHA will supply hot dogs, hamburgers and any sausages leftover from the International Festival and St. Raph's Fair. Door prizes will be given out for adults, teenagers and children. Attendees should bring dishes to share that will serve 6 – 8 people in these categories: A-F main or side course. G-M appetizers or salads. N-Z desserts.
5. **TIAHA Scholarship:** Bob Giannuzzi has 8 applications. The winner will be announced at the family picnic.

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- **NEW BUSINESS:**

1. **PR:** President Frank asked the membership if anyone has contacts at the N&O or any of the local TV news shows. “We need some PR !!!”, said Frank. The PR is not for the purpose of tooting our horn. It is to a small extent, but that’s not the main reason. The PR will help to make TIAHA’s existence more widely known, which hopefully would bring in some new members.
2. **USO Feed The Troops:** President Frank asked about the possibility of making this a quarterly event. Dale felt the next, best opportunity to feed the troops at the airport USO facility would be the Tuesday of Thanksgiving week, when there’s a large movement of troops through the airport. Dale will contact and work with The Healing Place for Women again. Dale said he’d also try to have the food donated from local businesses this time. Dale also mentioned that a new USO location is being built in the new terminal at RDU airport. This will be a second location, in addition to the current location at RDU. The tentative date for the next Feed The Troops event will be Tuesday, November 25<sup>th</sup>.
3. **November Meeting:** There was a question about the date of the November general membership meeting. Is it the week of Thanksgiving? The answer is “no”. The 3<sup>rd</sup> Wednesday in November is the 19th, which is the week before Thanksgiving. A near catastrophe was averted.
4. **Ultrasound Screening at K of C:** Joe Frangiosa gave a short talk on the benefits of preventative ultrasound screening. John Christofaro also highly recommended having it done. The screening will be done Monday, October 27<sup>th</sup>. Please call Joyce at (336) 877-2069 to reserve a time slot. See more details in the October newsletter.
5. **Alzheimer’s Memory Walk:** Bob Giannuzzi brought up this worth while walk for a cause that he will be participating in. See the details in a two-thirds-page ad in the September newsletter. Please make a donation online in Bob’s name. Good luck, Bob!!
6. **Carmine DiGrande and United Trinity Methodist Church:** Prior to the start of the meeting this evening, President Frank polled the board members present for a vote on whether or not TIAHA should allocate \$100 to Carmine DiGrande. Every year Carmine cooks a big dinner for needy families at this church. It’s an excellent event. The board members present voted to approve the allocation of funds to Carmine, which will be used to fund purchase of food and prep items for the meal. Thank you for doing this, Carmine.
7. **Next Month’s Cooks:** The “Boys From Cary” will be cooking the meal at the October general membership meeting. That should be a frightening menu. (this is a joke, because it’s October...get it?). I’m sure the menu will be great.
8. **Monthly President’s Award:** Presented to Bob Vetrano by President Frank, for Bob’s efforts with the International Festival. Great job, Bob.

- **COOKS AND MENU FOR THIS EVENING’S MEAL:**

1. We all had an outstanding meal!! There was a team of cooks, headed by Carmine DiGrande. The meal was Sicilian, after Carmine’s return from Sicily. The cooks were: Carmine DiGrande (head chef), Joe Catarino, Bob Cenfetelli, Al Cellini, John Christofaro, Ron Little and Dale Mancuso.
2. We had a great meal of: Pasta e Cici, Broccoli Rabe, Il Caserole di Patata e Pomodoro, Schiacciattelli con Maile, Schiacciattelli con Manzo, Cannoli, Limoncello and Espresso. Outstanding job, guys. Grazie mille !!!

- **50-50 RAFFLE:**

1. Bob Petrolino won the 50-50. His share of the pot was \$25.00! Congratulations, Bob!!

**Meeting Adjourned: 7:32pm**

## TIAHA 2008 Board Members



Frank Ferraro  
President



Sal Nortarmasso  
Vice President



Bob "Capi" Caprioli  
Treasurer



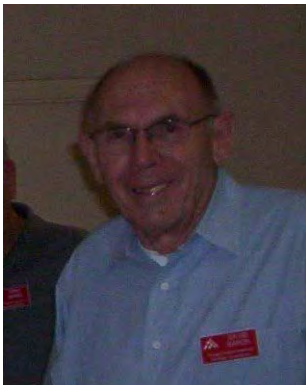
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Secretary



Victor Cononi  
Sgt. At Arms



Bob Vetrano  
Past President



Dave Baron  
Member at Large



John Bono  
Member at Large



Dale Mancuso  
Member at Large



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10/2008

#### Fortune Teller Fails To Predict Police Raid

Pordenone - September 18, 2008 - An Italian fortune teller has been charged with tax evasion after concealing earnings of some 500,000 euros (740,000 USD) that she made in just over a year, finance police said Thursday.

The woman, who described herself as a spiritual guide and clairvoyant, was legally registered with a VAT number as an 'occult practitioner' and offered consultations at her studio and clients' homes through newspaper and television adverts.

But finance police realized the woman had only been declaring a fraction of her income after noticing discrepancies between her official earnings and her luxurious lifestyle. The woman counted housewives, pensioners and businessmen among her large client base, police said.

Occult practitioners in Italy are thought to generate some six billion euros a year, most of which is not declared to tax authorities.

According to estimates by the finance police, around 15% of Italians from a broad range of age groups and social backgrounds consult fortune tellers, palm readers and clairvoyants, usually in a bid to resolve health or relationship problems. While the phenomenon is more pronounced in southern Italy, some 42% of occult workers live and operate in the north of the country, police say.

# My Sicilian Trip

By Carmine Di Grande

I did not expect all the wonderful surprises in store for me as I began my two-week trip to my homeland. Let me start with the primary purpose of my trip. My sister, speech therapist Adriana DiGrande, who is a renowned speech language pathologist, was being honored at the 14<sup>th</sup> annual Premio Ragusani nel Mondo awards. Adriana's success in treating thousands of patients, and her seminars on her world-famous programs and approaches to over 500 professionals reached the ears of many including Franco Antoci, President of the Province of Ragusa; On. Incardona, Chief Officer of Immigration; Avv. Fulvio Manno, Surgeon General U.S.L.7; and the person running the whole show, Sebastiano D'Angelo, Director of Premio Ragusani Nel Mondo.

The photos I have attached provide a glimpse of the many festivities (all with food) at the award events.



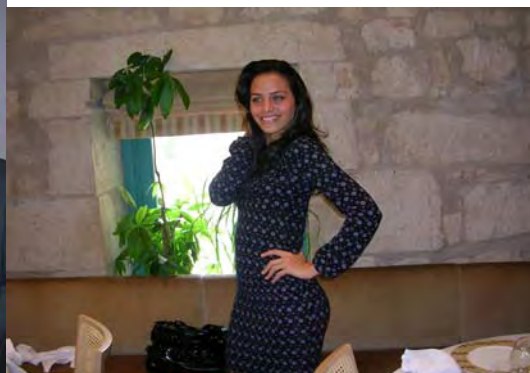
Logo of Ragusani - Caruba tree  
On indigenous rock wall



Dr. Manno, Surg/Gen. presenting  
Award to Adriana



Dir. D'Angelo, Giovanni Cultrera-Great Sicilian Pianist,  
Adriana, Luciano Iacono-Auto Industrialist Belgium,  
and On. Incardona- Chief Officer Immigration



Fiorella Migliore- Miss Italia nel Mondo,  
Paraguay



Dir. D'Angelo, Adriana and me



On. Incardona, Dr. Papa (Honoree), Presidente Franco Antoci , and me standing behind

Besides the beautiful beaches, ancient sites, sightseeing and Sicilian cuisine, I especially enjoyed two other events. One was a pizza party with my late uncle Salvatore's eleven children and their spouses. (photo attached) .

The other was the evening we spent at an authentic Sicilian farmhouse where we were treated with home-made cheeses, wine, bread, olives, sausage and fresh ricotta, being made as we arrived. (photo attached).



Zio Salvatore's 10 children/spouses/2 daughters, cousin Salvatore, Franca, Adriana, Nancy and me.



Salvo at farmhouse making us Fresh Ricotta

I also learned how to make Schiacciattelli (September's meal) ; marveled at the 15,000 participants during the Feast of San Giovanni in Ragusa ; and I am enjoying all the "STUFF" I brought back through customs (legally of course ☺).....(photos included)...





Feast of San Giovanni , there were 15,000 people carrying candles in the procession.  
The larger the candle the more blessings needed (more to confess?).



Schiacciattelli , just learned to make and  
Part of your meal at September's meeting.



US Customs-"Do you have any food items to  
Declare?" ..... Carmine- " No Sir" Thanks!

As you can imagine, I thoroughly enjoyed myself and renewed my morning prayer:  
*"God, no matter what happens bad today,..  
no matter what happens good today,..  
I want to thank you for making me Sicilian!"*  
*Carmine*

## Carmine DiGrande's Recipes

### **Pasta and Chickpea Soup**

1 onion  
2 carrots  
2 celery stalks  
4 tablespoons olive oil  
14 ounces canned chickpeas, rinsed and drained  
7 ounces canned cannelloni beans, rinsed and drained  
2/3 cup tomato juice  
1/2 cup of water  
6-1/4 cups vegetable or chicken stock  
Scant 2 cups fresh dried conchiglie rigate (small shells)  
salt and pepper ground to taste  
freshly grated Parmesan cheese, to serve

Chop onion, carrots and celery finely, either by hand or processor. Heat oil in large saucepan, add chopped vegetable mixture and cook over low heat for about 5-7 minutes, stirring occasionally.

Add 2 cups of the stock, one of the rosemary sprigs and salt and pepper to taste. Bring to a boil and cover, then simmer gently often stirring for 1 hour.

Pour in remaining stock, add the pasta and bring to a boil, stirring. Lower the heat and simmer until the pasta is al dente – 7 to 8 minutes or according to the instructions on the package. Taste for seasoning. Serve in warm bowls with grated Parmesan and a few rosemary leaves.

Serves 6 to 8

### **Potatoes Baked with Tomatoes**

2 large red or yellow onions  
2 lbs potatoes, peeled and thinly sliced  
1 lb tomatoes, fresh or canned, sliced with their juice  
6 tbsp olive oil  
1 cup freshly grated Parmesan or Romano cheese  
Salt and freshly ground black pepper  
A few fresh basil leaves  
Add 1/4 cup water.

Preheat oven to 350 deg. Brush large baking dish generously with oil.

Arrange a layer of onions in the dish followed by layers of potatoes and tomatoes. Pour on a little of the oil and sprinkle with cheese. Season with salt and pepper.

Repeat this until all the vegetables are used, ending with and overlap layer of potatoes and tomatoes. Tear the basil in pieces and add them here and there among the vegetables. Sprinkle the top with cheese and oil. Pour in the water. Bake for 1 hr or until potatoes are thoroughly cooked.

If top begins to brown too much, cover with foil or a cookie sheet.

Serves 6

## Broccoli Rabe and Garlic Saute

2 lb. broccoli rabe  
6 tablespoons extra virgin oil  
2 cloves garlic, chopped  
Pinch of red pepper flakes  
Salt

Trim off and discard the tough stems from the broccoli rabe. Bring a large pot of salted water to a boil. Add the broccoli rabe and cook for 1 minute. Drain immediately and pat dry with paper towels. In a large frying pan over medium heat, warm the oil. Add the garlic and pepper flakes and cook, stirring occasionally until the garlic begins to take on color about 3 minutes. Add the broccoli rabe and continue to cook over medium heat, until the greens are tender, about five minutes longer. Season to taste with salt and serve immediately.

;

If you want to add Italian sausage, take the casing off and cook the sausage in another pan until partially done. Then add it to the other skillet with the broccoli rabe, and garlic.

Serves 6

## Not sure the name of these...

1. Prepare cooked chop meat in a frying pan, spicing it with some oil, small diced onions, crushed tomatoes, salt, pepper and basil. Set aside, this will be the filler for the first item...
2. Knead dough lightly and roll out into 6 inch diameter circles, and about 1/16 to 1/8 inch thickness.
3. Place a heaping tablespoon of prepared chop meat in center, then slowly picking up the edge, fold the edge piece by piece until it looks like a sack of money with the top tucked shut.
4. place these on a baking pan and cook on 350 F until the dough turns a nice golden brown.
5. take out and eat hot or wait for them to cool off.

## The Real Sciacciatelli

1. Knead dough lightly and roll out in a large rectangular piece the size of a small pizza and about 1/16 to 1/8 inch thick (not too thin, it will break through, also have some flour under dough so it can be easily rolled at the end).
2. Spread ricotta all over the dough, (don't need to be neat or spread every last bit of dough).
3. Take raw sausage out of the casing and spread out on top of ricotta.
3. Spread a little crushed tomato over the sausage, and some oil, salt pepper and fresh basil.
4. Roll up the dough into a cylinder. starting at one end cut off a piece approx. 3 inches, turn on end, close bottom and then schiacc the top. place on a baking pan leaving a little room between so they don't stick to each other). Repeat this until roll is used up.
5. Cook on 350 F until dough turns golden brown and eat hot or when they cool off.....

Hope these turn out as good as they did for me.. Carmine



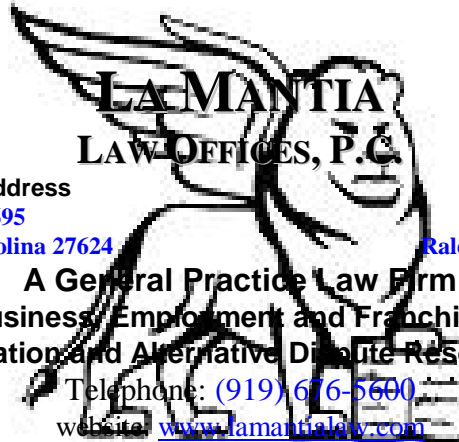
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**Winner of Free Funeral in Italy 'Has Not Claimed Prize'**

Foggia - September 18, 2008 - The winner of a free funeral has not turned up to claim his prize after ticket number 11 was chosen in a raffle in southern Italy, an Italian newspaper reported Tuesday.

The holder of the winning ticket in the raffle held in the town of San Marco in Lamis (Foggia, Puglia) is entitled to a free lined coffin, a tombstone, copper candlesticks and a grave site, newspapers reported.

There is no deadline for claiming the prize and the winner can give it to somebody else, raffle organizers said, according to the paper.

*"Oh, porca di quella troya, my number came up.."*

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**DEPART:** 8:00 am – Stonehenge Shopping Center  
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**RETURN:** 7:30 pm

**COST:** \$35.00 PER PERSON (Driver's Tip not included)

**Includes:** Bus charge (less than 47 people price will increase)  
Morning Snack: Mimosas, orange juice, water and  
pastry  
Afternoon Snack: Cheese tray and crackers

**1<sup>st</sup> STOP**

**Childress Vineyards** – This is a Tuscan-style Villa that graces a hillside in Lexington.  
Owner is Richard Childress of NASCAR fame  
Tour: \$5  
Tasting: \$10-\$15

**2<sup>nd</sup> STOP**

**Shelton Vineyards** – At the North End of the Valley in Dobson, NC. Shelton Vineyards boasts a gorgeous setting complete with a babbling brook. Lunch is available at the Harvest Grill – see web site for lunch menu [www.sheltonvineyards.com](http://www.sheltonvineyards.com)  
Tour & Tasting: \$5

**3<sup>rd</sup> STOP**

**Raffaldini Vineyards** – Save your airline tickets to Italy and visit Raffaldini located in the Swan Creek area with stunning views of the Yadkin River. This Italian family has been making wine for over 650 years  
Tasting: \$5

You may register online at [www.trianglesonofitaly.org](http://www.trianglesonofitaly.org), click on Events or tear off and send with your payment made out to TSOI-2817 for \$35 per person (non-refundable, but transferable to friend or relative) no later than September 1, 2008 to:

**Margaret Confalone  
289 Joshua Glen Lane  
Cary, NC 27519**

Total # of people \_\_\_\_\_

Please check the following:

We will bring our own lunch (picnic tables are limited, bring lawn chairs): \_\_\_\_\_

We will have lunch at Harvest Grill at Shelton Vineyards  
(Reservations required – we will make the reservation for you) \_\_\_\_\_

Optional Tours are available at the following Wineries:  
Payment due at each Winery

Childress Vineyard \_\_\_\_\_

Shelton Vineyard \_\_\_\_\_

Raffaldini (no tour available) \_\_\_\_\_

# COMPLETE PHYSICALS CAN MISS CANCERS THAT ULTRASOUNDS CAN FIND

A West Jefferson, NC Firm-Caring for Our North Carolina People  
Lynn G. Borchert, M.D., Medical Director

Monday, October 27th 2008

8 AM-Until

Knights of Columbus Hall

4301 Columbus Club Drive • Raleigh, NC

Sponsored By: Joe Frangiosa, a Kidney Cancer Survivor

Joe.Frangiosa@dornc.com

OPEN TO PUBLIC

Preventive Medical Screening Offered By

OPEN TO PUBLIC



*Dr. Lynn Borchert will be on site to counsel you concerning any abnormal findings and to answer your questions. He will provide you with a written report and will advise you concerning follow up with your personal physician.*

[www.ultrascreen.us](http://www.ultrascreen.us)

LIVE DVD

## FINGER STICK BLOOD SAMPLE FOR:

1. (Fast 12 Hours) Total Cholesterol, HDL, LDL, Triglycerides, Non HDL-C, Cardiovascular Risk Ratio and Glucose (diabetes) (\$35) Value \$200

**TAKE MEDICATION. DRINK WATER. NO COFFEE.**

2. ALT/AST Liver Test for Liver Abnormalities (\$25) (No fasting required) Value \$100

NOT AFFILIATED WITH LIFE LINE SCREENING

## Ultrasound Can Find:

- ◆ Serious Blood vessel problems, before symptoms develop before stroke occurs.
- ◆ Smaller & more curable cancers, before you have symptoms.
- ◆ Your insurance company will NOT allow your doctor to order these tests until after you have a positive symptom or finding.
- ◆ A symptom of a stroke is a stroke.
- ◆ Most symptomatic cancers are further advanced and less curable.

## ULTRASOUND SCANS OF:

1. Carotid Arteries for risk of Stroke, includes scan of Thyroid Gland for Cancer. (\$50) (NO FASTING)
2. Abdominal Ultrasound for EARLY CANCERS of the Liver, Spleen, Pancreas, Adrenal Gland, and Kidneys; Kidney Stones, Gallstones, and Aortic Aneurysm. (\$50) (Fast 6 Hours)
3. Ultrasound for loss of Bone Density (Osteoporosis) (\$29)

\$ 3,000 VALUE

**ULTRASOUND CAN FIND A CANCER SMALLER THAN A NICKEL**

HEART DISEASE IS LINKED TO DISEASE IN  
THE CAROTID AND/OR AORTA

Unlike any other Health Screening Facility, ONLY Ultrascreen, Inc., has a physician, Lynn G. Borchert, M.D. onsite to explain the same day results, answer questions, recommend follow up and provide you with a written report for your Doctor. All at no additional charge.

APPOINTMENTS ARE REQUIRED:  
TO SCHEDULE YOUR APPOINTMENT CALL  
(336) 877-2069 (Can Leave Message)

Palermo - September 13, 2008 - A small town in western Sicily has come up with a revolutionary solution to solve its property problems.

They are offering houses in the town, which sits between two rivers, for just a single euro (\$1.44).

The idea is the brainchild of mayor Vittorio Sgarbi, convinced it is the only way to revitalize its crumbling historic heart.

Most of the villas were damaged by an earthquake 40 years ago and since then, much of the local population moved out.

"There are 3,700 houses owned by the council, almost all in the old town, that are in danger of falling down, of crumbling and dying," Mr Sgarbi explained.

There is a catch - those who buy will be obliged to sympathetically renovate the old houses without changing their style within two years at some significant cost.

Mr Sgarbi initially offered the houses free of charge, to residents of Salemi who agreed to do the renovations.

But then, keen to raise awareness of his cause, he gave the first to football boss Jose Mourinho's new employer, Massimo Moratti, chairman of Inter Milan.

"We're thinking of people who have the sensibility and economic resources to embark on this adventure," Mr Sgarbi said.

"In exchange for a token payment of one euro we will offer them one of these houses and ask that they undertake to restore them within two years while respecting their original characteristics."

A former art critic, who once defined himself as an anarchist, Mr Sgarbi was a senior official in the culture ministry during a previous government led by current Prime Minister Silvio Berlusconi.

Among those said to be keen is former Genesis star Peter Gabriel.

Mr Sgarbi is delighted by the level of interest, saying: "We have had a lot of interest and people are already booking up to come down here".

***"Minghia...\$1.47?"***

*At a \$1.47 a home, rest assured you're not going to have the "De Medici" of Florence for neighbors.*

**ON A PERSONAL NOTE:**



**HAPPY ANNIVERSARY TO:**

John and Vickie Christofaro  
Vince and Camile Conzola  
Chris and Donna Morea  
Vincent and Rosemarie Sorrentino



**BIRTHDAY WISHES TO:**

**MEMBERS**

David Baron  
John Bono  
Jack Giamportone  
Bob Giannuzzi  
Mario Guglielmi  
Rick LaFata  
Marshall Posey

**SIGNIFICANT OTHERS**

Lillian Antonelli  
Mary Colangelo  
Karen Cordato  
Maria Spampinato

**CONGRATULATIONS:**

**Dave and Joan Baron's** grandson, Robert Gill, is completing his second tour in Iraq. He was recently promoted to Captain, United States Marine Corps.

**CONCERNS:**

**John Colombo** recently had spinal surgery and is recovering at home.

**Mark Aliano** is home recovering from knee surgery.

Please remember them in your prayers.



**EDITOR:**

Is something newsworthy?  
Let us know, send it to

**Neal Caliendo:** [nealcali@yahoo.com](mailto:nealcali@yahoo.com)

If you know of an illness, birth, death, marriage, etc., of a TIAHA member or member's family, please contact:

**Neal Caliendo:** [nealcali@yahoo.com](mailto:nealcali@yahoo.com)

(919)846-2747

and/or

**Tony Aiello:** [taiello1@nc.rr.com](mailto:taiello1@nc.rr.com)

(919)554-4676

If your e-mail and/or home address changes, please notify **Bob Petrolino**, at (919) 760-9039, [bobbypet@earthlink.net](mailto:bobbypet@earthlink.net).

The **deadline** for submitting input to the newsletter is 9:00 PM the **second Wednesday of the month.**

**Newsletter Advertisement Rates:**

Business card	\$40	per year
1/4 page	\$60	per year
1/2 page	\$80	per year
Full Page	\$100	per year



**Triangle Italian-American Heritage Association  
P.O. Box 20266, Raleigh, North Carolina 27619**

**TIAHA UPCOMING EVENTS**

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**October 15th (Wednesday), 6:30 PM - GENERAL MEMBERSHIP MEETING** Knights of Columbus, New Hope and Columbus Roads, Raleigh.

**November 4th (Tuesday), 6:30 PM – EXECUTIVE BOARD MEETING:** Knights of Columbus, New Hope and Columbus Roads, Raleigh.

**November 19th (Wednesday), 6:30 PM - GENERAL MEMBERSHIP MEETING** Knights of Columbus, New Hope and Columbus Roads, Raleigh.

**December 7th (Sunday), - CHRISTMAS DINNER PARTY** TBD

**December 11th (Thursday), - MASONIC HOME FOR CHILDREN CHRISTMAS PARTY** Oxford, NC

**December 17th (Wednesday), - CHRISTMAS DINNER MEETING** Knights of Columbus, New Hope and Columbus Roads, Raleigh.