



Triangle Italian-American Heritage Association
PO Box 20266
Raleigh, NC 27619 www.theitalianclub.com

Newsletter



November/Novembre 2007

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MESSAGE FROM THE PRESIDENT:

Brothers,

Well it has been a busy month. St. Rafael's fair, Mama Mia and the International Festival. All three were a big success thanks to those who worked and planned the events.

We are still short on our raffle goal. We need \$1000 to break even and so far we have about \$600. **Please get those tickets sold and bring the money to the meeting.** With the holiday season approaching let us at TIAHA reach out to those less fortunate. We are currently in the process of providing Christmas decorations to the Cary Nursing home. Bob and Fran Giannuzzi are heading the project. Victor Cononi is working on a date to provide food for the Healing Place and John Colombo is working the Masonic Home. If you know of another worthy cause please bring it our attention.

Nominations for elected officials are coming up. Tony Aiello has volunteered to chair the committee. Please try and be part of the process.

A big thanks for a great dinner provided by Al Dellechiaie and his helpers. This was truly a home grown organic dinner. Not only were the vegetables from his garden, but he also spent four hours chasing chickens to make sure they were really fresh.

Finally, please remember our recently departed brothers in your prayers

Bob Vetrano, President TIAHA

TIAHA EXECUTIVE BOARD MEETING MINUTES

November 6th, 2007 at Knights of Columbus, New Hope Road and Columbus Road, Raleigh, NC

In Attendance:

B. Vetrano

V. Doria

J. Bono

F. Ferraro

B. Caprioli

International Festival

It appears we had food stolen from the refrigerator truck. After checking it seems boxes of sausage and bags of mozzarella were stolen. Cost is several hundred dollars.

The attendance was down for several reasons. Flea market just opened, Train show and the marathon race. Next year will be in September down town Raleigh. Total take was \$2739.00. Treasurer will report financials at the next membership meeting.

Make sure you hand in all receipts for festival purchases.

A motion was introduced and passed to pay Bob Vetrano for half his auto repairs incurred while transporting the pizza ovens to the fair grounds. Amount was \$140.00.

Frank Ferraro will look to a company for pizza oven repairs and get an estimate to service the ovens.

Healing Place:

We will use the left over pizza shells as part of providing a dinner for the Healing Place. It needs to be done on Nov. 17th. We will need several Volunteers. It should take only a few hours.

Cary Health and Rehab Nursing Home. It appears the nursing home where several member's parents stay is in need of Christmas Trees and decorations. The board elected to provide same, and is offering to provide food and serving for a holiday meal. Fran Giannuzzi will let us know what is needed.

St Rafael's Feast

We did good at the festival. We made about \$1300. Thanks for all the hard work.

Mama Mia

All had a great time. Frank is looking into a play for February. Two tickets were left and held by Capi for future trade in.

Raffle Tickets

So far we only have about \$500. We need at least \$1000 to break even. We need sales. Drawing is at our December meeting. Capi was given \$55 from Bob V.

Nominating Committee

Election time is coming up. The board needs a nominating committee. Word is Tony Aiello will be the chairperson. All board members are up for election. Vinnie Doria and Bob Vetrano will not seek office so get those names in now.

Storage shed

Frank would like to schedule a cleaning of our shed. As usual at the end of the International festival the place becomes a mess.

Social events.

Our social director Frank Farraro has thought up events for 2008 they include, but not limited to:

NY Yankee Baltimore trip weekend two games in Baltimore.

Italian feast in Baltimore

Golf outing

Halloween party

Poker nights

Once a month movie etc.

Visit Cape Canaveral to watch a shuttle launch

7 day cruise

26 mile marathon for wives only.

TIAHA GENERAL MEMBERSHIP MEETING MINUTES

October 17th 2007 at Knights of Columbus, New Hope Road and Columbus Road, Raleigh, NC

President Bob Vetrano called the Meeting to order.

We Pledged Allegiance to the **Flag of the United States of America.**

- **President's Report – Bob Vetrano**

- **Family Picnic**, 23 Sep, 1:00 at the Oddfellows was fantastic. **Frank Ferraro** did a great job organizing, and a good time was had by all.
- **Last month's Dinner:** Thank you much to **Andy Caamano and JohnColombo** for a delicious dinner.
- **The Knights** are building a **Grotto** to the **Virgin Mary**. They will probably be "selling" commemorative bricks. **TIAHA** should consider "buying" one.
- **Raffle** money is starting to trickle in. **Drawing** will be at our **Dec 19 Meeting**.
- **International Festival:**
 - Need many more **people to sign up** to work.
 - **Trucks** will be allowed in Graham Building Thursday only.
 - New menu item: **stuffed shells**.
 - We will be serving **BIG Canoli's**
 - **Al Dellechaire** has volunteered to cook for tonight's meeting, and to do the **Cooking Demo** at the **International Festival**. Way to go, **AL!!!**

- **Good & Welfare – Tony Aiello**

- **Sal Notarmasso** has been doing some vigorous physical therapy and, as a result, is once again **bowling**. That is great, **Sal**.
- We all shared a moment of sorrow for **Carmine DiGrande** for the loss of his **Mother**.
- **Prez Bobby Vee** got a second opinion to verify that he does not have aluminum siding: it is **Shingles**.
- **V-P Vin Doria** is still not over his **double pneumonia**. Hang in there Vinnie.
- **Ron Little** had surgery on his shoulder.
- **Tony Aiello** reported on his wife, **Ginny**, and her bout with skin cancer and plastic surgery.

- **Adopt-a-Highway – Vince Conzola**

- Next Adopt-a-Highway will probably be the **Saturday after Thanksgiving**, at Brassfield Elementary School.

- **Public Relations – Bob Giannuzzi**

- **Sons of Italy** will host a dinner at the rescue Mission, 27 Nov, Tues after Thanksgiving. Does TIAHA wish to do likewise on the 29th of Nov? 100 to 150 men, women and children. **Mark** has done several times; staff is very helpful. **Bobby Gee will chair**.
- **Vic Cononi** is planning on 17 Nov for TIAHA to cook pizza for **The Healing Place**

- **Social – Frank Ferraro**

- All the tickets for **Mamma Mia** have been picked up and paid for by the members who ordered them.
- **Frank** has, as yet, not gotten a reaction from the **Hibernian Society** on a **softball game**.

- **Old Business**

- None!

CONTINUED ON NEXT PAGE

- **New Business**
 - **Andy Caamano** announced that the Knights of St. Andrews, Apex, will hold its annual **Veterans Day luncheon** Sunday, 11 Nov. \$10.00 per person. Guest speaker will be a **Colonel of the NC National Guard, and an Iraqi veteran**.
 - **John Colombo** told of efforts by the Fourth Degree Knights of St. Andrews to help get **veteran-patients**, all amputees, in Fayetteville, **home for Christmas**. **Ron Little** made a motion for TIAHA to donate \$250 for this cause. **Andy Caamano** seconded, and the motion carried.
 - **Tony Difede** announced that the **new TIAHA Website**, created by his wonderful and very talented **wife, Nancy**, is up and running. Everyone should please check it out: ***theitalianclub.com***
 - **John Bono** told of a friend of his who is in stage four lung cancer. For this cause there are raffle tickets available at **Milton's, \$2. or 7 for \$10**. Prize is 4 tickets to a **Hurricane's** hockey game, and a ride on the **Zamboni**. TIAHA voted \$100. for this cause.
- **Adjourn**
 - Meeting was adjourned at 7:40.
- **50 -- 50**
 - **Jersey Mike** won the 50 – 50.
- **The Feast**
 - Fantastic Dinner prepared by **Al Dellechaire** with assist from **Bobby Gee**. By the way, **Al** has also volunteered to do the **Cooking Demo at the International Festival**. ***Cosi que cucina e multo bene!!!***

Respectfully submitted

Ron Little

Happy
Thanksgiving



Christmas Party

THE CHRISTMAS PARTY WILL BE ON SATURDAY, DECEMBER 1ST AT CASA CARBONE RESTAURANT.

THE DINNER WILL START AROUND 6:00PM. THE APPROXIMATE COST WILL BE \$30.00 PER PERSON.

MEMBERS CAN E-MAIL ME AT VCONONI@NC.RR.COM OR CALL ME AT 782-2876.

I NEED TO GET A TENTATIVE NUMBER FOR CASA CARBONE.

THANK YOU,
VICTOR CONONI

Cary 4th degree KofC are having their annual Christmas party:

Thursday December 20th at 7pm.

At the North Carolina Faculty Club.

\$25.00 per person.

Contact: JOHN COLOMB0 781-8356

Music-----Dancing -----Prizes

Cary Health and Rehab Center Christmas Party

'**Fran and Bob Giannuzzi** invite all hearts and voices of good will to join them and members of the **acoustic roots ensemble Mebanesville** for a Grande Festa di Canti Natalizi on **Sunday December 9** from 2:00 - 3:30 at the Cary Health and Rehab Center, 6590 Tryon Road, Cary, NC 27518, 851.8000. Musica, pizza, dolci e DIVERTIMENTO, all in the true spirit of the season. Buona festa e Buon Natale." There will be refreshments provided by TIAHA. Come and see the Christmas trees and decorations that were donated to the Nursing Home by **TIAHA** too.

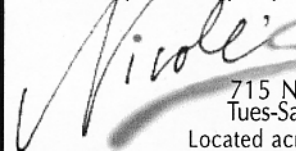
The afternoon will feature traditional songs of the season in English and Italian with a few others in German, French and Spanish-- all suitable for singing along with!

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Monument To The Ugly

Rome - September 9 - A monument to ugly people is set to be unveiled in Italy.

The World Association of Ugly People (Club dei Brutti), founded in Italy which now has branches all over the world, has announced the monument will be in the northern town of Piobbico.

The "Club dei Brutti" is an organization dedicated to fighting for the recognition of ugly people, in a society that places a high value on physical beauty,

The monument, which will depict an unknown person looking at their own reflection in the mirror, will be unveiled during the annual meeting of the association on Sunday, September 9.

Telesforo Lacobelli, the ugly president of the Association, said: "The motto of our association is that a person is what he is and not what he looks like.

"Hence our monument. It is not a monument to a good looking film star or dashing war hero, but to a person who is just as beautiful but only on the inside."

"Ma, porca di quella troja, quanto sei brutto!"

*It's very curious that the club's emblem is the head of a wild boar. We think it's trying to state that, basically, men are disgusting wild pigs. **And it really doesn't matter whether you're good-looking or not.***

*The club's crest features a reclining man smoking a pipe with the slogan: "Ugliness is a virtue, beauty is slavery." They should have featured an arguing Neapolitano with his shirt half-buttoned drinking a cheap glass of wine with the slogan: **"Beauty is slavery but ugliness is the result of evolution jumping into the Vesuvius Volcano."***

In 2003, it had 20,000 members around the world. The World Association of Ugly People club campaigns against discrimination in the workplace based on looks. It attempts to make society more aware of ugly people's problems. It also helps people overcome their phobias and, in some cases, to find partners.

Society should stop discriminating and be more aware that Sicilians that look like they were fed with a slingshot instead of breast-fed and Pugliese that look like advertisements for hard liquor are human beings with feelings.

"It is not a monument to a good looking film star or dashing war hero, but to a person who is just as beautiful but only on the inside." We think what he's trying to say is, he wants a world where everyone can afford facelifts.

A few scenes from TIAHA's successful participation in the International Festival





An Italian Thanksgiving

An Italian Thanksgiving? Naturally, or did we forget that Columbus discovered (or re-discovered to be politically correct) the Americas? But even as far back as in Roman times, they also celebrated something called Cerelia or Ceres, who was the goddess of corn (the English word of 'cereal' comes from this word). The feast was held each year on during the first week in October and offered to the Goddess the first fruits of the harvest. Naturally, music, parades, games and sports were part of the feast, as always.

And in the fine pilgrim tradition, my ancestors (grandparents) came over here to the New World, America, and they celebrated and gave thanks for their new fortune, freedom and prosperity. However, they were very reluctant to give up the traditions of their own, that is why they still serve manicotti, lasagna or stuffed shells prior to the turkey. If you are ever invited to a real Italian Thanksgiving Dinner, do not eat beforehand, and bring your appetite, and plan on staying for a while or even sleeping over. You see, they start off with the antipasto: salami, pepperoni, tomatoes, olives, anchovies, sweet roasted peppers, assorted cheeses like mozzarella, provolone, and even the American cheddar, etc. Then comes the salad, next the pasta, and of course next comes the turkey, complete with stuffing, yams, mashed potatoes, gravy and anything else you might expect. Afterward, you of course have the fine Italian pastries, and that is always the highlight, the conversation then consists of where you got them, how long you waited on line, and who has the best. This final course includes black coffee done in the double boiler, better known as demitasse or espresso, with the usual cordials, amaretto, sambuca and/or anisette. Homemade or jug wine is served throughout the meal, so in conjunction with the turkey, it would then be time to go into the den or living room to watch the game and doze off, only to wake to the leftovers, turkey sandwiches, leftover antipasto, pastry, etc.

So Thanksgiving at my aunt's house (after my grandparents in Newark were gone, that was family headquarters), went a little something like this:

Antipasta Freddi (Cold Appetizers)

Assorted Italian Cheeses
Assorted Olives
Assorted Sliced Vegetables
Shrimp Cocktail
Seafood Cocktail Salad

Antipasta Caldi (Hot Appetizers)

Stuffed Artichokes
Stuffed Mushrooms
Stuffed Peppers

Primi Piatti (First Course)

Manicotti or Stuffed Shells or Baked Ziti or Lasagna, maybe even Ravioli
Always served with Meatballs, Sausage, Braggiole

Secondi Piatti (Second or Main Course)

Turkey, stuffing, gravy, cranberry sauce, yams, potatoes, Italian string beans

Dolce (Desserts)

Pastries from Calandra's, or Ferrara's, or whoever else arguably "has the best"
Roasted Nuts, chestnuts, and homemade like pumpkin or apple pie (or both), homemade Italian cookies

Beverages & Drinks

Rose and/or Red Wine by the Jug (I never recall seeing white wine, though I am sure the had it on hand), nothing fancy, whatever was cheapest, the wine would never take precedence over the food for any reason! Of course, there was also a small amount of homemade wine on hand.

Dessert Drinks: Demitasse (or espresso) and American Coffee

Italian Cordials & Liquors: Sambuca, Anisette, Blackberry Brandy, Amaretto, Fangelico



TIAHA HOLIDAY RAFFLE

**We have one month left to sell
Tickets before the drawing at
Next month's meeting.**

**Please put forth some extra effort
to sell all your tickets, and more
if you can. If you do need more tickets,
contact Bob Vetrano.**

Italian turkey soup [Bon Appétit](#) | 2005

Servings: Makes 4 servings

Ingredients:

1 tablespoon olive oil
1 green bell pepper, diced
1 small onion, chopped
3 large garlic cloves, chopped
1 tablespoon dried basil
2 teaspoons fennel seeds
1/4 teaspoon dried crushed red pepper
6 cups canned low-salt chicken broth
2 medium zucchini, diced
1 carrot, diced
1 9-ounce package fresh cheese ravioli
1 1/2 cups diced cooked turkey

Grated Parmesan cheese

Preparation:

Heat oil in heavy large saucepan over medium heat. Add bell pepper, onion, garlic, basil, fennel seeds and crushed red pepper and sauté until vegetables are just tender, about 10 minutes. Add broth. Cover pot and simmer 10 minutes. Add zucchini and carrot. Cover and simmer until carrot is almost tender, about 5 minutes. Increase heat to high and bring soup to boil. Add ravioli and boil until tender, about 5 minutes. Add turkey and cook just until heated through, about 1 minute. Season soup to taste with salt and pepper.

Ladle soup into bowls. Serve, passing cheese separately.

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Job and Family Are Signs of Success For Italian Men

Milan - September 4 - A job and a family are a measuring stick of success for Italian males, according to a new study.

Commissioned by the Hugo Boss fashion house and based on a poll of 2,000 men over the age of 17, the study found that over 50% of Italian men felt their goal in life should be to become "a pillar and point of reference for one's own family" and to be "successful in one's own profession".

The multiple answer poll also found that concrete values were also a key to success, including determination (39%), honesty (34%) and professional commitment (21%).

Only 3% of those interviewed felt knowing the right people was important, 2% indicated luck and 1% power.

Old fashioned values remained popular among men between the ages of 17 and 29, with a job and a family considered the most important things.

"Sono un uomo e comando io, penso..." Hmmm...When did 17 year-olds become men?

Let's closely examine this so-called study commissioned from a company that must have been dizzy from all the cologne they wear and drink when they produced the results.

"Old fashioned values remained popular among men between the ages of 17 and 29, with a job and a family considered the most important things." The values they were referring to were the old fashioned cooking, cleaning and being served coffee in bed by their mothers because over 75% of Italian men between the ages of 17 and 29 still live at home with Mamma.

Values that are keys to success:

Determination (39%): *An Italian man flirts like other men breathe regularly and naturally. From the days of that jackass, Casanova, Italians have had a pompous and rather arrogant reputation for charming women the world over and they never rely on looks alone. How many times have women, roaming the streets of Italy, heard the phrases, "Where are you from?" "Where are you going?" "Do you need some company?" "How about some gelato?"*

Although a southern Italian expects an initial negative response, he strongly believes that annoying persistence is the key. And the fact that he rarely gives up easily is a clear indication of some rate of success.

Honesty (34%): *In a recent magazine survey, 68% of men claimed to have carried a book to the beach to encourage conversation with women. About 80% of those honest men had the "palle" to tote the Bible or Dante's Divine Comedy. The lesson for other honest men is that to be truly successful with women, you have to use all of your honest natural resources.*

"Only 3% of those interviewed felt knowing the right people was important, 2% indicated luck and 1% power." *These are proud honest members of the "World Association of Ugly People*

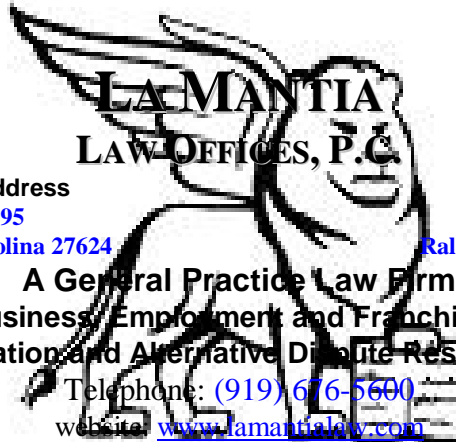
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ON A PERSONAL NOTE:



HAPPY ANNIVERSARY TO:

Don and Frances Ludlow
John and Dee Bono
Rick and Dianne LaFata
Tony and Virginia Manzi
Virgil and Anne Luciani



BIRTHDAY WISHES TO:

MEMBERS

Tony Aiello
Neal Caliengo
Al Cellini
Michael Kuharcik
Corbet Monica
Chris Morea
Sal Notarmaso
Bob Petrolino

SIGNIFICANT OTHERS

Debbie Argento

CONGRATULATIONS:

Vincent and Stephanie Lanzolla are in the process of adopting a wonderful 16 year old, **Lloyd**. It will be 4 to 6 months before the adoption is finalized.

OUR PRAYERS AND CONCERNS:

Carmine DiGrande's 92 year old mother, Calogera, passed away October 11,2007.

Please remember Carmine and his family in your prayers.



EDITOR:

Is something newsworthy?
Let us know, send it to

Neal Caliengo: nealcali@yahoo.com

If you know of an illness, birth, death, marriage, etc., of a TIAHA member or member's family, please contact:

Neal Caliengo: nealcali@yahoo.com
(919)846-2747

and/or

Tony Aiello: taiello1@nc.rr.com
(919)554-4676

If your e-mail and/or home address changes, please notify **Vince Conzola**, at (919) 878-7976, conzola@us.ibm.com .

The **deadline** for submitting input to the newsletter is 9:00 PM the **second Wednesday of the month.**

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Business card	\$40	per year
1/4 page	\$60	per year
1/2 page	\$80	per year
Full Page	\$100	per year



**Triangle Italian-American Heritage Association
P.O. Box 20266, Raleigh, North Carolina 27619**

TIAHA UPCOMING EVENTS

November 21st (Wednesday), 6:30 PM - GENERAL MEMBERSHIP MEETING Knights of Columbus, New Hope and Columbus Roads, Raleigh.

December 1st (Saturday), - CHRISTMAS DINNER

December 4th (Tuesday), 6:30 PM – EXECUTIVE BOARD MEETING: Knights of Columbus, New Hope and Columbus Roads, Raleigh.

December 19th (Wednesday), 6:30 PM - GENERAL MEMBERSHIP MEETING Knights of Columbus, New Hope and Columbus Roads, Raleigh.